

## **Vanilla Pudding**

By: The Jaroudi Family

Serves 4

### **Ingredients:**

2 cups roasted sweet potatoes without skin (white or Japanese sweet potatoes)

2 cups fresh fruit: blueberries, strawberries, blackberries, raspberries

1 & 1/4 cups plant milk, unsweetened

5 large, pitted dates

1 tsp of vanilla bean powder

### **Directions:**

- 1.) Blend all ingredients together except the fruit in a high-speed blender until smooth.
- 2.) Chill the pudding in refrigerator for at least one hour.
- 3.) Top with the vanilla pudding with fresh fruit.

### **Notes:**

You can use a regular orange sweet potato, but the color will be orange.